

DINING HALL TIMINGS

Meals will be served in the Dining Hall at the following timings:

Breakfast 6.15 am to 9.15 am

Lunch 11.45 pm to 2.30 pm

Tea 4.45 pm to 5.45 pm

Dinner 8.00 pm to 9.15 pm

Hostel provides both vegetarian and non-vegetarian food

Food Menu South Indians

Breakfast							
No	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	Idly	Idly	Idly	Idly	Idly	Idly	Idly
2	MYSOUR BAJI	ONION DOSA	RAVA UPMA	Chapati	ATTUKULU	UTHAPPAM	SEMIYA bhath
3	ALU PARATHA	CHAPATHI	PUNUGULU	UTHAPPAM	MYSOURE BAJI	wheet rava upma	
4	WHEETRava upma	MASALA PHOA	Attukulu upma	Wheat veg Upma	Tomato Rawa Bhath	TAMOTO BHATH	
5	Tiffin sambar	Tiffin sambar	Tiffin Sambar	Tiffin Sambar	Tiffin Sambar	SAMBAR	Tiffin Sambhar
6	Peanut Chutney	Coconut Chutney	Ginger Palli Chutney	Garlic coconut Chutney	Mirchi Palli Chutney	Ginger Coconut Chutney	Garlic Peanut Chutney
7	Mint Chutney	Onion Chutney	Tomato Chutney	Coriander Chutney	Ginger Chutney	Dal Chutney	Onion & Tomato chutney
8	Jam	Jam	Jam	Jam	Jam	Jam	Jam

9	Bread	Bread	Bread	Bread	Bread	Bread	Bread
10	Cornflakes	Cornflakes	Cornflakes	Cornflakes	Cornflakes	Cornflakes	Cornflakes
11	Veg Sprouts (L)	Veg Sprouts (L)	Veg Sprouts (L)	Veg Sprouts (L)	Veg Sprouts (L)	Veg Sprouts (L)	Veg Sprouts (L)
12	Veg Salad(L)	Veg Salad(L)	Veg Salad(L)	Veg Salad(L)	Veg Salad(L)	Veg Salad(L)	Veg Salad(L)
13	Mayonnaise (L)	Mayonnaise (L)	Mayonnaise (L)	Mayonnaise (L)	Mayonnaise (L)	Mayonnaise (L)	Mayonnaise (L)
14	Tomato sauce (L)	Tomato sauce (L)	Tomato sauce (L)	Tomato sauce (L)	Tomato sauce (L)	Tomato sauce (L)	Tomato sauce (L)
15		Curd		Aloo Pattani Kurma	Curd	Mix veg Curry	
16	Milk	Milk	Milk	Milk	Milk	Milk	Milk
17	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee
18		Mango Pickle			Lemon Pickle		
19	Boiled Egg	Boiled Egg	Boiled Egg	Boiled Egg	Boiled Egg	Boiled Egg	Boiled Egg

Lunch

No	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY	SUNDAY
1	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice
2	Salad (L)	Salad (L)	Salad (L)	Salad (L)	Salad (L)	Salad (L)	Salad (L)
3	Chappati	Chappati	Chappati	Chapati	Chapati	Chapati	Chapati
4	SORAKAI 65	LADISHFINGAR FRY	Alu mudhkura	DONDAKAI 65	GABAGE PAKODI	Fryams	Alu pusa fry

2	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)
3	Idly	Idly	Idly	Idly	Idly	Idly	Idly
4	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati
5	, carrot fry	EGG BURJI	Methi Panner	Potato chipes	cabbage fry	ALU CHIPES	
6	BOILD EGG	CHANNA MASALA	Chicken Curry	Tindle Masala	CHICKEN CURRY	BEANS CARROT KURMA	CARROT BEANS WHIT PEAS DRY
7	Veg Sambar	sambar	Rasam	EGG CURRY	Veg Sambar	Pappu saru	Rasam
8	Peanut Chutney	Coconut Chutney	Ginger Palli Chutney	Garlic coconut Chutney	Mirchi Palli Chutney	Ginger Coconut Chutney	Garlic Peanut Chutney
9	Dhal TADKA	RAJMA DHAL	Dal PANCHARATAN	YELLOW MONG DAL FRY	Yellow Dal	Masala Dal	YELLOW MONG DAL FRY
10	Vanngai Pachadi	Dhondakai Pachadi	Onion Pachadi	Soorakai pachadi	Gongura Pachadi	Bendakai Pachadi	Kandhi Pachadi
11	Curd	Curd	Curd	Curd	Curd	Curd	Curd
12	Mango Pickle	Cauliflower Pickle	Mango Pickle	Cauliflower Pickle	Mango Pickle	Cauliflower Pickle	Mango Pickle
13		Banana	FRIED RICE		FRIED RICE	Banana	FRIED RICE
14			semiya kesari				Grispy fried potato

Note: The menu will be changed if any items are unavailable

Food Menu North Indians

[illegible]

Lunch							
S.No	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY	SUNDAY
1	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice
2	Salad (L)	Salad (L)	Salad (L)	Salad (L)	Salad (L)	Salad (L)	Salad (L)
3	Chappati	Chappati	Chappati	Chapati	Chapati	Chapati	Chapati
4	SORAKAI 65	BENDAKAI coconut fry	Alu mudhakura	DONDAKAI PAKODI	CABAGE PAKODI	Fryams	Alu pusa fry
5	Drumstic curry	Thottakura Pappu	Dosakai Tamoto pulusu	Bendakai Pulusu	vangkai pattani	Dhaplam	Panner capsicum (Veg)
6	Tomato Rasam	Garlic Rasam	Coriander Rasam	Tamarind Rasam	Pepper Rasam	Tomato Rasam	Mysore Rasam
7	PUTHINNA RICE	Tamoto Rice	GREEN PEASE Rice	Kitchadi Rice	RICE	Tamirind Rice	Briyani Rice
8	palak pappu	Dosakai pappu	THOTTAKURA pappu	BACHLAKURA pappu	TOTTAKURA Pappu	Mudha Pappu	Vankai Katta
9	Berakai pachadi	sorakai pachadi	Dondakai pachdi	VANGKAI Pachadi	KANDHI Pachadi	Vangkai dosakai Pachadi	
10	Kobarai Karam	Nalla Karam	Kobarai Karam	Nalla Karam	Kobarai Karam	Nalla Karam	Kobarai Karam
11	Nuvalu Karam	Putnal Karam	Nuvalu Karam	Putnal Karam	Nuvalu Karam	Putnal Karam	Nuvalu Karam
12	Karivepakku Karam	Dhaniyalu Karam	Karivepakku Karam	Dhaniyalu Karam	Karivepakku Karam	Dhaniyalu Karam	Karivepakku Karam
13	Mango Pickle	Cauliflower Pickle	Mango Pickle	Cauliflower Pickle	Mango Pickle	Cauliflower Pickle	Mango Pickle
14	Tomato Pickle	Usirikai Pickle	Tomato Pickle	Usirikai Pickle	Tomato Pickle	Usirikai Pickle	Tomato Pickle
15	Ginger Pickle	Tindly Pickle	Ginger Pickle	Dondakai Pickle	Ginger Pickle	Tindly Pickle	Ginger Pickle
16	Brown Rice (L)	Brown Rice (L)	Brown Rice (L)	Brown Rice (L)	Brown Rice (L)	Brown Rice (L)	Chicken Masala
17	Arikalu Millet (L)	Oodal Millet (L)	Samalu Millet (L)	Korralu Millet (L)	Oodal Millet (L)	Samalu Millet (L)	bread halwa
18							Onion Raitha

19	Curd	Curd	Curd	Curd	Curd	Curd	Curd
			semiya kesari			Ghee	
Snacks							
S.No	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY	SUNDAY
1	PANI POORI	DILPASND	MASALA PALLI	PASTRY	BASUNDI	MIRCHI BAJI	BISCUTES
2	TEA&MILK	TEA& milk	TEA&MILK	TEA&MILK	Tea&milk	Tea& milk Girls	TEA&MILK
Dinner							
S.No	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice
2	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)	Mix veg Salad (L)
3	Idly	Idly	Idly	Idly	Idly	Idly	Idly
4	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati
5	carrot, fry	CHANNA MASALA	Methi Panner		PANNER KORMA	ALU CHIPS	
6	BOILD EGG	EGG BURJI	CHICKEN CURRY	EGG CURRY	CHICKEN CURRY	BEANES CARROT ALU KURMA	Drumstic alu curry
7	Veg Sambar	SAMBAR	Rasam	SAMBAR	Veg Sambar	Pappu saru	Sambar
8	Peanut Chutney	Coconut Chutney	Ginger Palli Chutney	Garlic coconut Chutney		Ginger Coconut Chutney	Garlic Peanut Chutney
9	Beerakai Pappu	MANGO Pappu	Dosakai Pappu	Tamoto pappu	Dosakai Pappu	Tomato Pappu	
10	Dondakai pachadi	BENDAKAI Pachadi	Beerakai Pachadi	SORAKAI pachadi	Kandi Pachadi	vangkaipachadi	Kandhi Pachadi
11	Curd	Curd	Curd	Curd	Curd	Curd	Curd
12	Mango Pickle	Cauliflower Pickle	Mango Pickle	Gobi Pickle	Mango Pickle	Cauliflower Pickle	Mango Pickle

13	Tomato Pickle	Usirikai Pickle	Tomato Pickle	Usirikai Pickle	Tomato Pickle	Usirikai Pickle	Usirikai Pickle
14	Ginger Pickle	Tindly Pickle	Ginger Pickle	Tindly Pickle	Ginger Pickle	Tindly Pickle	Tindly Pickle
15	Kobara Karam	Nalla Karam	Kobara Karam	Nalla Karam	Kobara Karam	Nalla Karam	Nalla Karam
16	Nuvalu Karam	Putnal Karam	Nuvalu Karam	Putnal Karam	Nuvalu Karam	Putnal Karam	Putnal Karam
17	Karivepakku Karam	Dhaniyal Karam	semiya kesari	Karivepakku Karam	Karivepakku Karam	Dhaniyal Karam	Dhaniyal Karam
18		Banana		BANANA		Banana	

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